

SCHOOL MENTAL HEALTH MISSION: LAUSD School Mental Health (SMH) professionals promote the mental health, well-being and academic achievement of all LAUSD students.

Purpose

SMH professionals support positive student connections with peers, family, school and community by facilitating student development and the ability to successfully deal with problems, crises, or traumatic experiences. SMH professionals foster resilience - the ability to bounce back from challenges with a stronger sense of self-confidence and coping capacity, by promoting healthy relationships, self-reflection and problem-solving skills to optimize school success.



Programs

- School based Psychiatric Social Worker (PSW) services
- Wellness Networks and School Mental Health Clinics
- Crisis Counseling and Intervention
- Special Education Counseling

Services

Universal Services

- Trauma and mental health screening
- Mental health promotion, awareness and education
- Violence prevention, problem solving, and empathy skill building curricula
- Graduate-level student intern training and supervision program
- Child psychiatry training program
- Trauma-informed and mental health training for parents and staff
- Suicide Prevention Training
- Threat Assessment & Workplace Violence Prevention Training
- Trauma Sensitive Parenting & Classroom Interventions

Targeted Services

- Evidence-based group interventions (Cognitive Behavioral Intervention for Trauma in Schools - CBITS, and Triple P Parenting)*Linkages and connections to school and community supports
- Classroom support aligned with Positive Behavioral Interventions and Supports (PBIS) principles
- Student Support and Progress Team
- Parent education and training
- Risk assessment and threat management teams

Intensive Services

- Evidence-based mental health services (Trauma-Focused Cognitive Behavioral Therapy - Managing and Adapting Practice - Families OverComing Under Stress - FOCUS, bio-psychosocial assessments)
- Individual, group and family therapy
- Medication support and management
- Special education services (Educationally Related Mental Health Services, Counseling & Guidance)
- Psychiatric hospitalization re-entry planning
- Individual Safety Planning

SMH Clinics and Wellness Centers

North

Valley Clinic

6651-A Balboa Blvd., Van Nuys, CA 91406
 Tel: 818-758-2300 | Fax: 818-996-9850
 Please indicate if you would like to be considered for services at a Valley Clinic Satellite Location: Kennedy HS (Granada Hills)
 Telfair ES (Pacoima) Sunland ES (Sunland)

West

Crenshaw Wellness Center

3206 W. 50th St., Los Angeles, CA 90043
 Tel: 323-290-7737 | Fax: 323-290-7713

Hyde Park Clinic

6519 S. 8th Ave., Bungalow #46, Los Angeles, CA 90043
 Tel: 323-750-5167 | 323-759-2697

Washington Wellness Center

1555 West 110th St., Los Angeles, CA 90043
 Tel: 323-241-1909 | Fax: 323-241-1918

South

97th St. Clinic

439 W. 97th St., Los Angeles, CA 90003
 Tel: 323-418-1055 | Fax: 323-418-3964

Carson Wellness Center

270 East 223rd St., Carson, CA 90745
 Tel: 310-847-7216 | Fax: 310-847-7214

Locke Wellness Center

316 111th St., Los Angeles, CA 90061
 Tel: 323-418-1055 | Fax: 323-418-3964

San Pedro Clinic

704 West 8th St., San Pedro, CA 90731
 Tel: 310-832-7545 | Fax: 310-833-8580

East

Bell/Cudahy Clinic

7326 S. Wilcox Ave., Cudahy, CA 90201
 Tel: 323-869-1352 | Fax: 323-271-3657

Elizabeth LC Wellness Center

4811 Elizabeth St., Cudahy, CA 90201
 Tel: 323-271-3650 | Fax: 323-271-3657

Gage Wellness Center

2880 E. Gage Ave., Huntington Park, CA 90255
 Tel: 323-826-1520 | Fax: 323-826-1524

Ramona Clinic

231 S. Alma Ave., Los Angeles, CA 90063
 Tel: 323-266-7615 | Fax: 323-266-7695

Central

Belmont Wellness Center

180 Union Place, Los Angeles, CA 90026
 Tel: 213-241-4451 | Fax: 213-241-4465

Roybal Clinic

1200 West Colton St., Los Angeles, CA 90026
 Tel: 213-580-6415 | Fax: 213-241-4465